BARTS Medical Support Requirements for Alpine Disciplines

Medical Services required from Event Organisers

The health and safety of all those involved in an alpine ski competition is a primary concern of all Event Organisers. This includes the competitors, officials, volunteers, course workers and spectators.

The specific composition of the medical support system is dependent on several variables:

- The size and level of the event being held
- The venue
- The estimated number of competitors, support staff and spectators
- The scope of responsibility for the Event Medical Organisation (competitors, support staff, spectators) should also be determined.

PLEASE NOTE: For the completion of the all tables in this document, an example form is available to consult. This form is available to download from www.gbski.com , as are blank versions of this form.

Personnel/Staff

Specific job descriptions with requirements should be created according to the specific requirements of the event.

The Organising Committee must ensure that emergency medical services are available for each official day of training and competition.	Establishes an evacuation plan for injured athletes, officials and spectators –from site of injury to initial triage to hospital or trauma centre if indicated
A medical plan conforming to SSGB requirements should be prepared. The detailed form below should be completed to identify the plan.	Secures availability of all necessary facilities, resources and personnel to support evacuation plan.
A First Aid area close to competition area should be established for initial triage and minor issues for competitors, officials and spectators, with staff trained in emergency techniques.	Creates a back-up plan/system that could be operational if one or more major evacuation is utilised
A back up plan must be available to allow for the recommencement of the official training or competition.	Defines specifically the personnel roles and responsibilities and communicates these clearly to all parties involved.
Technical Delegate (TD) **C**onfirms with the Event Organising Committee (OC) that the required rescue facilities are in place before starting official training or competition	Publishes the emergency plan (see below) before the first official training.
First Aid Team *This role could be taken on by external first aiders eg St John or suitable qualified venue staff. The numbers/staffing will be determined by the nature and course of the event, including replacement in the case of an incident so as to not delay the competition.*	Supports the T D with the recording of all incidents that occur during official training and competition with the completion of the FIS Injury Report for each athlete injury
Act as first responders to an injured athlete, officials or spectators	**Information to be published**
Place themselves so that they always have the race course in view and/or be in contact by radio with the on course medical or race director (CoR)	Responsible First Aid:-
Event Medical Director *This role could be taken on by Chief of Champs or Race, local doctor, or person normally in charge of these arrangements (Venue Chief First Aider etc). Much of this section is part of normal planning for events.*	**Evacuation protocols** for each level of injury from course with criteria for external specialist transport/ambulance.
Directs and coordinates all medical services provided at the event. This person may be a member of the Organising Committee and will report to the committee regarding medical issues with the event. This individual should be competent in managing health and safety.	Contact for Event Medical Director
Outlines facilities and resources required for the event	**Details** of local available medical services to include the phone contact and address for location. This information should include: - local medical clinics, physicians, dental offices, pharmacies and hospital.

MEDICAL ASSESSMENT FORM FOR BRITISH ARTIFICIAL SEEDING COMPETITIONS

The Organising Committee for each competition must fill in the assessment form below prior to the commencement of Training at a Competition.

THE COMPLETED FORM MUST BE EMAILED TO THE HNGB or MEMBER GROUP RESPONSIBLE PRIOR TO THE START OF THE EVENT and posted on the official noticeboard or distributed at the team captains meeting.

Event Venue	Silksworth Ski Slope	**CoR**	Sam Whitehead
Event Dates	18th April 2026 19th April 2026	**Event Status**	**Club Nationals**
Event Doctor *(if appropriate)*	Not applicable	Phone: +44.....	
First Aid provided by name:		First aider ~~or Paramedic~~ *delete as appropriate*	
Local Surgery or NHS 'walk-in' centre ***(if appropriate)***	**Address:** Sunderland Royal Hospital Urgent Care Centre. Kayll Road, Sunderland. SR4 7TB **Phone:** +44 0191 519 5800 **From Venue:** 9min (2.7 km) with ambulance/car **Directions** : From exit, turn right onto Silksworth Ln, Right onto N Moor Ln. At the roundabout turn right on A690. Continue for 1.2 miles and turn left onto Barnes Park Rd. Continue for 0.5 miles, straight over cross roads onto Kayll Rd	**Level of Care: Urgent care centre**	
Hospital	**Address:** Sunderland Royal Hospital, Kayll Road Sunderland. SR4 7TP **Phone:** 0191 565 6256 **From Venue:** 9 min (2.7 km) with ambulance/car **Directions**: From exit, turn right onto Silksworth Ln, Right onto N Moor Ln. At the roundabout turn right on A690. Continue for 1.2 miles and turn left onto Barnes Park Rd. Continue for 0.5 miles, straight over crossroads onto Kayll Rd	**Level of Care: A&E with x-ray facilities**	
Pharmacy	**Address:** Demnox Pharmacy,1 William Centre,Doxford Park, Sunderland, SR3 2NE **Phone: 0191 5287335** **From Venue: 6 min (2.1 miles)**	**Level of Care: self-medication**	

	Directions: From exit, turn left onto Silksworth Ln. Down to T junction and turn left. Follow along Silksworth Lane, take a right turn onto Silksworth Road, at the roundabout 1st left onto Doxford Park Way, at the 2nd & 3rd roundabout Straight over. 2nd Left into Morrisons and located just outside Morrisons.	

Slope patrol	**In contact by radio**	**Slope patrol** on-site during racing Yes/~~No~~
Ambulance	**In contact by phone 999**	**Location** Sunderland Royal Hospital **From Venue:** 9 minutes 2.7 km
Slope accident Protocol	**First aid is located at: Side of the slope** **Doctor located at: NA** **In contact by: radio or face to face**	**1. Incident occurs** **2. Start Held** **3. First aid go to incident to estimate the situation** **4. If evacuation is required, First Aid will indicate walking or stretcher** **5. Treatment and assessment provided and if necessary** **6a. Evacuation to Ambulance for transfer to A&E** **6b. Advised to contact GP** **(Advice based on acuity of injury and consultation with parent/coach.)** **7. TD completes accident form or notes on report.**
Crowd / Public Protocol ***Only if different from above***	**First aid are located at:** **Doctor located at:** **In contact by:**	All as above
Back up plan	Race can restart when any casualties are clear and at least one First Aider is available.	First Aider indicates they are available to an official carrying a radio. Procedure repeats

The Medical arrangements fully meet the criteria for BARTS competitions.				**Yes/ ~~No~~ If no identify issue below**
Description	**Yes/No**	**Complies fully with Rule 1? Y/N**	**Degree of compliance 1-5 (where 5 = fully in place)**	**If not fully complied, reason**
Medical Cover (doctor/paramedic)	Yes	No	3	Doctor/paramedic not necessary, technical race in controlled environment. Hospital within 9 minutes.

Signed:	James Heaton	**Technical Delegate**		**Date:**	31 Mar 26
Signed:	Sam Whitehead	**Chief of Race**		**Date:**	31 Mar 26

The plan should be discussed on setting up contract with venue and prior to publication of acceptance bulletin – the document should be agreed and signed by Chief of Race/Medical Director and Chief of Course plus TD (if applicable).

Please email completed forms to sponsoring member group.